

Omelette Central

Inspired Asparagus Omelette 14.95

asparagus, herbed cream cheese and smoked salmon in a three egg omelette; with pan-fried hashbrowns, your choice of white, wheat, five grain or rye toast, and fresh fruit.

Spinach & Goat Cheese Omelette 12.95

a three egg omelette filled with spinach, goat cheese, mushrooms and onions; served with pan-fried hashbrowns, your choice of white, wheat, five grain or rye toast, and fresh fruit.

Ham & Cheese Omelette 11.95

cheddar and mozzarella with carved ham in a three egg omelette; with pan-fried hashbrowns, your choice of white, wheat, five grain or rye toast, and fresh fruit.

Quintessential Classics

Classic Canadian 9.95

two eggs cooked to order, with your choice of bacon, sausage, or ham, pan-fried hashbrowns, toast and fresh fruit.

add extra bacon	3.00
add extra ham or sausage	3.95
add extra egg	1.50
add extra toast	1.95
make your eggs free range	2.00

Eggs for Breakfast 6.95

two large eggs cooked to order, with pan-fried hashbrowns, toast and fruit.

Belgian Waffles 11.95

it's a beautiful sight: three stacked waffles with fruit compote and whipping cream; ask your server about today's fruit selection.

Banana Bread French Toast 14.95

mamma never cooked like this: fresh house-baked banana bread served with sautéed caramelized bananas and whipped cream.

Eggs Benedict

served with pan-fried hashbrowns and fresh fruit; topped with our delicious house-made hollandaise.

Traditional Eggs Benny 10.95

two poached eggs with carved ham on a toasted english muffin.

half benny 8.95

Grilled Tomato & Spinach Benny 10.95

two poached eggs with thick sliced grilled tomato and wilted spinach on a toasted english muffin.

half benny 7.95

West Coast Benny 13.95

two poached eggs, smoked wild salmon, sweet red onions and capers on a toasted english muffin.

half benny 9.95

Southwest Benny 13.95

two poached eggs, spicy chorizo sausage, roasted red peppers and guacamole on a toasted english muffin.

half benny 9.95

Consider free range eggs: upgrade your breakfast eggs to free range... 2.00/two eggs

Bevies

Cold & Sweet

small 2.05; large 3.75

orange juice
apple juice
grapefruit juice
cranberry juice
pineapple juice
ice tea

Orange Pekoe Tea

1.75

Herbal Tea

2.10

earl grey
english breakfast
cinnamom apple
ruby mist
green tea
chamomile court
lemon lane
decaffeinated blend
peppermint

Specialty Mighty Leaf Tea

2.80

chamomile citrus
vanilla bean black
white orchard -- low caffeine
organic earl grey
organic breakfast
organic african nectar -- rooibos blend
organic spring jasmine
organic mint melange
green tea tropical

Coffee

2.10

Hot Chocolate

2.25

Off the Beaten Track

Lox Bagel

12.95

toasted bagel with herbed cream cheese, cold-smoked salmon, capers and sweet red onion; served with pan-fried hashbrowns and fruit.

Summer Fruit Salad

15.95

a combination of the season's best fruit selections, with fruit-honey, yogurt and house-made five grain bread. Summer on a plate.

Breakfast Bagel

10.95

toasted bagel stacked with a fried egg, ham, cheddar cheese and mayonnaise; served with pan-fried hashbrowns and fruit. Or try it on a pan-fried english muffin!

the Brunch-wich

13.95

a renamed HBI classic... toasted rye bread layered with bacon, a fried egg, lettuce, tomato, cheddar cheese, and ham; served with pan-fried hashbrowns and fresh fruit.

Huevos Rancheros

14.95

two sunny-side up eggs with chorizo sausage, refried beans, peppers, onions, tomatoes and pan-fried hashbrowns, smothered in cheddar and mozzarella and oven baked on a corn tortilla; served topped with salsa and sour cream.

Kringle and Koffee

8.95

the breakfast of champions! flakey, buttery layers of pastry with an almond custard filling. The Heriot Bay Inn flies this kringle in from a Danish patisserie. It is, simply, the best. Served warm.

Small Breakfasts for under 12's

5.95

choose from...
one Belgian waffle with butter & fruit sauce or syrup
or
breakfast muffin melt... egg, ham & cheese on a toasted english muffin
or
a small fruit salad with yogurt

Sides & Additions

hashbrowns	1.95
toasted bagel	2.50
toasted english muffin	1.50
toast (white, wheat or rye)	1.95
house-made five grain bread	2.50
bacon	3.00
ham or sausage	3.95
an egg	1.50
a free range egg	2.50
hollandaise sauce	3.00
fruit cup	2.95
herbed cream cheese	2.00