

Starters

Poutine small/full 9.95/13.25
made with house-cut BC Kennebec potatoes, Québec cheese curds and gravy
...add bacon 2.95
...add fried free range egg 1.75

WINGS 13.50
crispy salt & pepper wings; celery & carrot sticks, pickled beans and ranch dip. *Choose...*
cajun 🌶️ · hot sauce 🌶️ 🌶️ · sweet chili
blazin' blue · honey garlic · teriyaki
house chili-lime
xxx habanero pepper sauce... 🌶️ 🌶️ 🌶️ 1.00

🌿 **Calamari** 13.95
crispy squid, smoked onion salsa; with tzatziki, grilled lemon

🌿 **Loaded Potato Skins** 11.25
made with russet potatoes; three pieces stuffed with bacon, cheddar, mozzarella and chives, on a bed of arugula; with ranch dressing for dipping
♥️ *substitute fresh tomatoes for bacon*

🌿 ♥️ **NACHOS FOR ONE** 13.50
four colour house-made tortilla chips baked with cheese, salsa fresca & black bean purée; with sour cream, salsa, and guacamole alongside
add grilled chicken or ground beef... 4.95

Westcoast Seafood Chowder
cup/bowl 7.50/11.25
classic creamy chowder: smoked salmon, Pacific cod and baby clams with Yukon gold potatoes

🌿 ♥️ **tofu bites** 12.95
crispy extra-firm tofu bites on a bed of arugula, with peanut sauce

🌿 ♥️ **truffle fries** 11.95
made with house-cut BC Kennebec potatoes, flavoured with truffle oil, topped with parmesan; with truffle mayo for dipping

🌿 ♥️ **House-cut fries** half/full 6.25/9.25
made with house-cut BC Kennebec potatoes

♥️ **onion rings** 9.95
beer-battered; with house honey-mustard

🌿 ♥️ **Yam fries** 9.95
seasoned; with house-made chili mayo

DAILY SOUP cup/bowl 5.50/9.25
seasonal and local

salads

CRISPY noodle salad 17.95
choice of grilled chicken or crispy tofu, tossed in sweet-spicy peanut sauce with crispy noodles, mixed lettuces and fresh vegetables

CLASSIC caesar half/full 11.50/15.95
crisp romaine, sourdough croutons, shaved grana padano, crispy bacon tossed in house-made caesar dressing
add to any salad...
grilled steak *six ounces.....* 12.95
grilled chicken breast *five ounces...* 8.95
wild salmon *three ounces...* 8.95

🌿 ♥️ **House greens** half/full 8.50/12.95
mixed lettuces, fresh vegetables & toasted sunflower seeds; choice of balsamic vinaigrette, apple cider vinaigrette, blue cheese, ranch, honey-walnut vinaigrette or avocado-roasted garlic vinaigrette

taco salad 18.50
fresh greens, crispy shredded tortillas, tomatoes, cheese, salsa fresca, sour cream & salsa with your choice of...
• seasoned ground beef • ♥️ crispy tofu • line-caught Pacific cod
sub wild salmon (3oz) or grilled chicken breast (5oz) 4.95

SANDWICHES & BURGERS

**burgers and sandwiches with your choice of french fries, green salad, or daily soup;
substitute caesar salad or seafood chowder for \$3; yam fries, onion rings or poutine for \$4
gluten free bread or bun add \$3.50**

Char-grilled beef burger 17.50
the classic: six ounce hand-made Canadian Angus beef patty; tomato, lettuce, pickle & red onion; Portofino brioche & house awesomesauce
customize your burger experience...
add mushrooms 1.75
add bacon 1.75
add cheddar or Swiss 1.75
add fried egg 1.75
add an extra patty 5.50

SPICY chicken burger 🌶️ 17.50
five ounces grilled chicken tossed in hot sauce; with swiss cheese, lettuce, tomato & mayo on a ciabatta bun

Chicken BRIE-L-T 17.50
garlic-herb marinated free-range chicken breast layered with bacon, brie, lettuce, tomato & truffle mayo on a Portofino peasant bun

♥️ **CRISPY chickpea burger** 16.95
house-made chickpea patty; chili mayo, lettuce, pickled onion and tomato on a Portofino peasant bun

B:L:T 15.50
the classic: bacon, lettuce, tomato and house-made mayo on sourdough

Wild salmon burger 18.50
grilled salmon, tomato, lettuce, marinated sweet red onion & tartar sauce on a ciabatta

♥️ **veggie wrap** 15.50
tomato, cucumber, carrots, tzatziki, greens, sweet onion, mozzarella & cheddar cheese
add seasoned ground beef... 4.95
add line-caught Pacific cod... 6.95
add wild salmon *three ounces...* 8.95
add grilled chicken breast *five ounces...* 8.95

TURKEY CLUB 17.25
triple decker... house-made deli-style turkey, lettuce, bacon, tomato, house-made cranberry mayo on sourdough

SPECIALTIES

🌿 **Steak frites** 21.95
six ounce AAA flat iron steak, sauteed portobello & crispy shallots; house-cut Kennebec fries

Craft beer battered fish & chips
with house-cut Kennebec fries & tartar sauce; choose...
line-caught Pacific cod... one piece 16.50; two pieces 20.50
wild sockeye salmon... one piece 18.50; two pieces 22.50

Stuffed YORKSHIRE 20.50
Yorkshire pudding stuffed with five ounces of prime rib & mashed potatoes

🌿 **Jack & dave BBQ ribs** half/full 20.95/30.95
Canadian pork ribs & Jack Daniel's-spiked bbq sauce; with house-cut fries and coleslaw

montreal smoked meat sandwich
on rye bread with dijonnaise & dill pickle; served with house-cut fries
six ounces 15.50; 12 ounces 25.50; 18 ounces 35.50

*all our vinaigrettes and mayos are made in-house
a gratuity of 18% will be added to tables of 8 or more • 🌿 = gluten-wise ♥️ = vegetarian 🌶️ = hot stuff*